

Nabagram Amar Chand Kundu College

(Govt. aided & affiliated to the University of Kalyani)

Nabagram * Murshidabad * Pin – 742184

Website: www.nabagramackcollege.in

Email: nackcollege@yahoo.com

Self Defence Class for Children

Date:19.05.2023 Place: College Premises

The NSS unit of Nabagram ACK college organized a self-defence course for the girl students and children from local areas at the college premises on 19th May,2023, Friday. A total of 29 children and girls participated in this program. Sizaruddin Sk , a specialized trainer in Karate took charge of coaching in the class.

Outcome:

Girls and children have been trained on how to protect themselves
Girl children often become victims in our society, this course will help them to prevent themselves.



Soumitra Kon

Sikha Roy

Program Officer
NSS UNIT

Nabagram Amar Chand Kundu College

Sizaruddin Sk

